

Aging & Independence Services Advisory Council
Monday, March 9, 2015
5560 Overland Avenue, 3rd Floor
San Diego, CA 92123

I. CALL TO ORDER & WELCOME AND INTRODUCTIONS: Kathy Randall, Chair of the Advisory Council, called the meeting to order at 12:03 PM.

Members			Excused Members	Guests
Attendance:	Ellen Arcadi	Queen Johnson	Dolli Cutler	Burton Disner
	Rosemarie Bahmani	Ted Kagan	Dotty Metcalf	Suzie Ditmars
	John Batchelder	Kim McIntrye	Luis Monge	Jack Duff
	Judy Bonilla	Jack Miller	Bob Prath	Media Fettinger
	Hoagy Carmichael	Kathy Randall	Art Serrin	Ken Fousel
	Camille Cowlshaw	Krys Rigali	Estelita Welch	Kent Koopman
	Dolly Crawford	Bud Sayles		Martha McCarthy
	Fred Davis	June Singer		Martha Plazola
	Claudine Duff	Cynthia White-Parks		Torrey Powers
	Ken Featherston	Estelle Wolf		Martha Rañon

II. PRESENTATION AND HEARINGS:

A. Martin Dare, Caregiver Coordinator; National Family Caregiver Program; AIS	<ul style="list-style-type: none"> • Program is funded through Title 3E • Meets regularly out in the community with Community Action Networks (CANs) – southeast central and north regions • Assists in facilitating and providing support in the community with community partners
B. Martha Rañon, Director of Education and Programs; Southern Caregiver Resource Center (SCRC)	<ul style="list-style-type: none"> • Provides free support services for family caregivers; support groups are facilitated in English and in Spanish • SCRC developed new program free for military families and are meeting regularly • Another new program developed focused specifically towards Hispanics caring for families with Alzheimer's Disease • Counselors are all licensed and undergo constant diversity training and other related trainings • SCRC recently received proclamation from Board of Supervisors as a Live Well San Diego partner

III. DIRECTOR'S ITEM AND ISSUES FOR POSSIBLE ACTION:

A. Board Letters	<ul style="list-style-type: none"> • None
B. AIS Advisory Council Update	Update provided by the Long Term Care Integration Project (LTCIP).
C. Other	<ul style="list-style-type: none"> • Save-the-Date for the Vital Aging Conference scheduled for June 17, 2015. • More details about registering for the Vital Aging Conference will be provided next month • Spring Into Healthy Living event is scheduled for March 18, 2015 at the Cameron Family YMCA – there will be free health screenings and information and resource tables on senior services and programs • Intergenerational Games will be on Thursday, April 9, 2015 at the Olympic Training Center in Chula Vista

IV. EXECUTIVE COUNCIL REPORTS & OTHER COUNCIL BUSINESS [possible Action]:

A. Chairperson's Report	TACC February Sacramento - discussed the area plan
B. Ratify Chair Appointments to Council Committees	1. Estelita Welch, appointed to Nutrition Committee [ACTION—H. Carmichael/R. Bahmani : Unanimous]
C. Charter to Establish the LTC Facilities Ombudsman Committee	<ul style="list-style-type: none"> RCFE will be called the LTC Facilities Ombudsman Committee Committee to report to the Council and will be classified as a standing committee Goal is to maintain awareness, interface with AIS employees regarding regulation, goals, and performance Introduced Luci Belcher, Supervisor, LTC Ombudsman Program LTC Ombudsman Program currently gained six new positions (3 coordinators, 1 office assistant, and two Aging Program Specialists) Currently have 65 volunteers on board

V. STANDING COMMITTEE ORAL REPORTS/RECOMMENDATIONS:

A. Legislative Committee [E. Wolf]	1. Older Americans Act Reauthorization Status <ul style="list-style-type: none"> Guest speakers from AIS attended meeting; committee provided clarity of roles and responsibilities Review video links through You-Tube; videos will be used for new members and played at orientation 2. Bill Review Seasons Starting <ul style="list-style-type: none"> Input process will not involve the legislative committee because of time constraints
B. Area Plan Committee [B. Prath]	1. Preparation for Update FY 15/16 – Presentation to Council <ul style="list-style-type: none"> Discussed coding with various objective that match a Council committee Next year, program reports on objectives may be given at committee level Goal is to have program presentations at every month, council or committee Area Plan Committee is being formed for next 4-year cycle 2. Due to Council – April 13, 2015
C. Membership Committee [R. Bahmani]	1. Recommendation for 2 nd Term – Bob Prath, CoB Seat #14 [ACTION—H. Carmichael/K. McIntyre:Unanimous] 2. Recommendation for 2 nd Term – Bud Sayles, CoB Seat #23 [ACTION— H. Carmichael/K. McIntyre:Unanimous]

VI. ANCILLARY COMMITTEE ORAL REPORTS

A. Nutrition Committee [J. Singer]	<ul style="list-style-type: none"> Cut down on sodium initiative – grant is being developed and worked on Senior centers will be having exercise programs
B. Veterans Advisory Council	<ul style="list-style-type: none"> The new VSO will serve as a representative to the Advisory Council until one is officially appointed Vet Connect to go live – internet process at the Julian County Library

VII. ANCILLARY COMMITTEES WRITTEN REPORTS

- See addendum chart.

VIII. OTHER ANNOUNCEMENTS & ADJOURNMENT

- Meeting adjourned at 1:38 PM.

IX. NEXT MEETING

- Monday, April 13, 2015 at 12 PM

Minutes respectfully submitted by Rea Alvarez//ra